

Childline School Service – Content of delivery

Outline of 30 minute Assembly delivered to year 5 & 6:

Introduction

Key Messages about Childline

Children contact for all sorts of reasons: home, school, friends, someone hurting or bullying.

No problem is too big or small. Just to talk to or someone to listen.

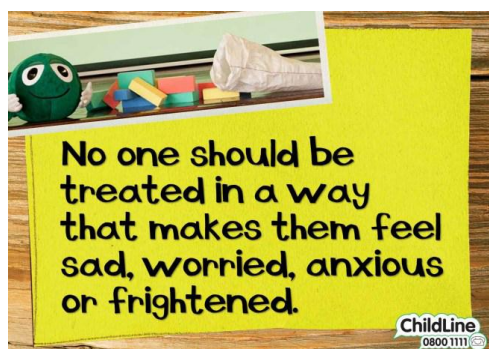
Model how to say the telephone number and website.

FREE: from landlines and mobiles.

CONFIDENTIAL: doesn't show on phone bill, don't have to give name, won't tell anyone - except if we have serious concerns about safety or child asks.

SCHOOL RULES: seeing you face-to-face today so if we see/hear anything that worries or concerns us we will speak to your teacher.

Sack of worries exercise



Children are shown an empty sack. They are then asked to think of the types of things that may worry a child – for every worry; a plastic brick is placed in the sack.

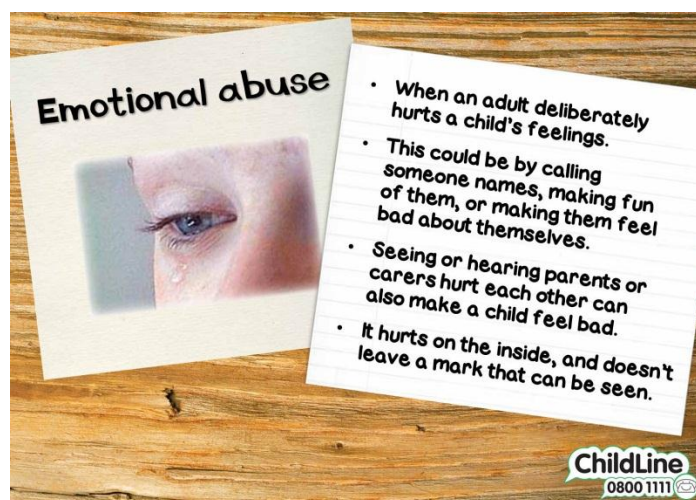
Within that, the following types of abuse may be mentioned;

- Emotional abuse
- Physical abuse
- Sexual abuse
- Neglect
- Bullying

Once all bricks are in the sack: "How would a child feel if they had all of these worries to carry around?"

"Let's make sure we all know what we mean by different types of abuse."

Definitions of abuse



Physical abuse



- This is when someone deliberately hurts or injures a child's body.
- This could be by kicking, biting, hitting, shaking or leaving marks.
- Physical abuse may cause pain, cuts, bruising and/or broken bones.

ChildLine
0800 1111

Sexual abuse



- When a child is being made, asked, or rewarded for doing anything with their body that frightens or worries them.
- It can involve touching, kissing or being made to show private parts of the body, or being made to do this to another person.
- It can involve being shown inappropriate films or pictures in books, magazines, on TV, mobile phones or the internet.

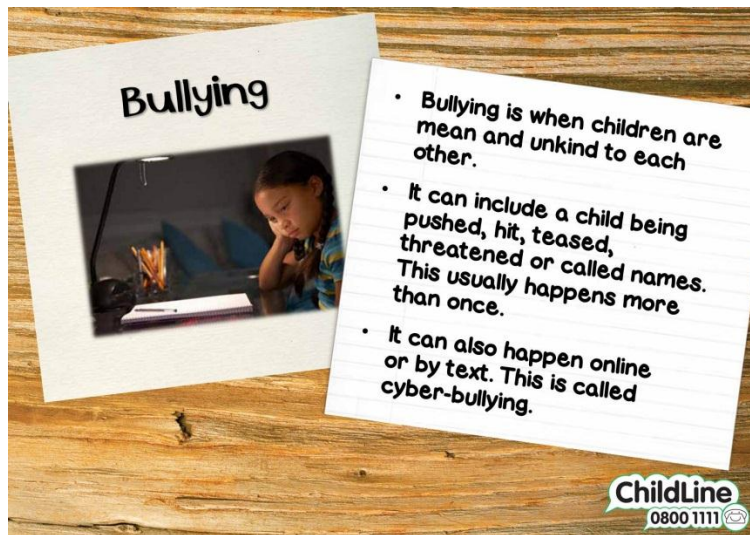
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Neglect



- When a child is not looked after properly by their parent or carer.
- When a child doesn't get enough food, drink or the right kind of clothing.
- When a child is left on their own for too long.

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Go back to the sack of worries.....

Children now think of how they can lighten the sack of worries.

For every trusted adult that a child thinks about, a brick is removed from the sack.

Now the sack is nice and light and children are no longer weighed down by their worries.

Childline Video

Introduce the ChildLine film.



Recap and Close of assembly

"Who can remember...?" - telephone number - website - key messages (cost, opening times, etc.)

Looking forward to coming back to do workshops.

Whisper, classroom voice and shout: "I HAVE THE RIGHT TO BE HAPPY SAFE!"

End

Outline of 1 hour workshops in each year 5 & 6 class:

The workshops are divided into four sections – each lasting 15 minutes

Section 1 – Recap of assembly

Recap the key messages, including:

CONFIDENTIAL: doesn't show on phone bill, don't have to give name, won't tell anyone - except if in immediate danger or child asks. Mention website HIDE button.

SCHOOL RULES: seeing you face-to-face today so if we see/hear anything that worries or concerns us we will speak to your teacher.

Recap quiz – thumbs up, thumbs down.

The following questions are asked and the children either show a thumbs up or thumbs down;

1. If a child is feeling worried or scared, they should tell a trusted adult?
2. Is it OK for a child to hear or see parents or carers hurting each other?
3. Is it OK if a child does not have enough food to eat or enough clothes to keep them warm?
4. Is it OK for children to talk to childline about anything however big or small?
5. Is it OK for children to call other children names or do things that make them worried or scared?
6. Is it OK for an adult to make, or ask, a child to touch a child on the private parts of their body?
7. Children have the right to be happy and safe?

Section 2 – OK/ NOT OK – Group activity around topic of sexual abuse

Children work in groups and are given 5 ambiguous statements. They must decide if the statements are OK or NOT OK. Once they have done this in groups, the statements are discussed as a class.

1. Someone says that what is going on is a secret
2. Someone watches or touches a child, when the child doesn't want them to.
3. A family member gives a child a kiss goodnight.
4. Someone shows or sends a child an inappropriate film or message.
5. Someone chats to a child online.



Section 3 – Guy's Story – Group activity around topic of neglect



Children watch a short film about a boy called guy.

In groups they then discuss how Guy might be feeling, what he might be thinking, how he might be behaving and what he might be doing.

A discussion around how we could help guy takes place, then the rest of the film is shown, where guy does get help. Recap on the definition of neglect.

Section 4 – Buddy Kits – Individual activity around keeping happy and safe

Each child is given a Buddy Kit where they can record the things that keep them happy and safe, places they can go that keep them happy and safe, and trusted adults they can talk to if they are ever worried or scared.

The children can then keep their kits somewhere safe and use them as a reminder of what they can do if they are ever feeling worried or scared.

Recap of key messages about Childline - END

